**ST. JOSEPH’S UNIVERSITY, BENGALURU -27**

**M.Sc COUNSELLING PSYCHOLOGY – II SEMESTER**

**SEMESTER EXAMINATION: MAY 2023**

**(Examination conducted in May 2023)**

**PY8221 : THEORETICAL FOUNDATIONS OF GROUP COUNSELLING**

**(For current batch students only)**

**Time: 2 Hours Max Marks: 50**

**This paper contains ONE printed page and FIVE parts.**

**Answer ONE question from each part. Each part carries 10 marks**

**PART-A**

1. Give a detailed account of the history of group work and group psychotherapy.

OR

1. Differentiate between Task Facilitation groups and psychotherapy groups.

**PART B**

1. Describe in detail any five professional competencies of group leaders.

OR

1. What is co-leadership? Elucidate on the advantages and disadvantages of co-leadership.

**PART C**

1. What are the various pre-group issues that need consideration before forming a counselling group?

OR

1. Describe in detail the several techniques used by leaders for opening and closing sessions.

**PART D**

1. Describe focusing as a basic skill needed for a group leader.

OR

1. Briefly describe any five advanced skills required by a group counsellor.

**PART E**

1. Explain the implications of the concepts of self-awareness and existential anxiety for group work.

 OR

1. Describe the role and functions of a group leader in a cognitive behavioral group.