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| **ST. JOSEPH’S COLLEGE (AUTONOMOUS), BANGALORE-27** | | | | | | |
| **B.S.W – VI SEMESTER** | | | | | | |
| **SEMESTER EXAMINATION: APRIL 2020** | | | | | | |
| **Sw6116 – Introduction To Counselling** | | | | | | |
|  |  |  |  |  |  |  |
| **Time- 2 1/2 hrs** | |  | **Max Marks-70** | | |  |
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| **This paper contains ONE printed page and ONE part** | | | | | | |

**PART I**

**Answer any FIVE of the following 5 x 14 = 70**

1. Explain the concept of counselling and why is it important for Social Workers to get a comprehensive understanding to counselling.
2. Explain the qualities of a professional counsellor? Why is self-awareness important in this healing relationship?
3. Explain in detail the process of counselling and the need for follow-up with suitable examples from filed work?
4. What is Empathy and why is this very important quality in effective counselling?
5. Explain with examples the various areas of counselling.
6. What are some of the contemporary challenges faced by young people and explain how counselling could be used as an effective technique in solving problems.
7. Explain the concept of family counselling and why is there a great need for Family counselling in today’s context.