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Protocols tighten as Covid spikes in Kochi

Nandita Narayanan

KOCHI: The huge surge in Covid cases pushed civic authorities to urge malls and shopping centres in Kochi to impose strict safety protocols that are to be followed by shoppers on account of the festive season.

"Our store makes sure not to more than 20 customers inside, while remaining are to wait

outside in a queue," said Anandhu Krishnan, department manager H&M. He added that apart from their temperature check, contact information is also recorded as well.

However, a particular set of people have become immune to these measures. "The hypermarket I visit provides disposable plastic gloves and for sanitizers customers,said Sivasankari

Shyam, who is an architect. but many people find gloves to be uncomfortable. On the other hand, Sameeha Shroff, a student, usually finds it safer to shop online. "Since I live with my grandparents, I choose not to shop at a store to avoid contacting the virus," she said. She explains how many online shopping portals constantly have offers and sales going on which is a huge plus point since its the festive

Diwali amidst Covid: Curse or Blessing?

Riya Joseph

KERALA: Diwali this year seems to be a mixed bag of and likewise. While for some, it has turned into a simle and sombre affair with social distancing measures and containment zones amidst the third wave of Covid, those usually away from home on the occasion are rejoicing because they can finally spend time at home with their family.

Frolina Basumatary student from Bengaluru is finally retuned to her home in Assam for the festival due to the closure of universities celebrating "We plan on having some



Brightly lit streets for Diwali

Riya Joseph

and colleges nations wide neighbors this year and home says "Last Diwali I distributing sweets in the family time and decorating colony." Alka Anson an Diwali sweets and shared it

the also studying away from This year I'm planning to was in my hostel. We ordered the house. We will be engineering student who is to our neighboring rooms. not find much difference in

make sweets at home with cousins." Shitanshu Diwedi a student from Bengaluru does

have also found a welcome relief in the government's decision to ban the bursting of crackers in various states. "There will be more of diyas and candles this time and less noise and sound pollution as most of the cites have banned the sale and bursting of crackers." says Aprajita Jaya a student from Bengaluru. Priyank Goswami echoes the same sentiments saying, "All in all, it's for the best. I am all in support for a fire crackers free Diwali."

the way Diwali is celebrated this year compared to last

year. "The only difference we

see is for puja pandals. The

government has issued

guidelines where public

gathering is prohibited near

On a side note, many people

pandals," he said

Body Image: A rising concern among teens

Abhimanyu Sharma

KOTA: Body image issues usually stem from the bullying we face in our childhood but it's effects are usually seen in teenage. With the current world that we live in where social media promotes unrealistic beauty standards it has become even imperative necessary that teach children about body positivity

Sahaj Marwah, a BSc student in Kota says, "I have been overweight my entire life but so is my family



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which me a lot in building overlooked part of our people who looked like me, yes there were name calling in school but that didn't affect me" stating how important of a role parents play in helping their child build confidence.

Gaurav Verma, a BTech student from Jaipur said, "I actually blame our schools as everyday in assembly made me feel very complex about my height especially when teachers kept calling me short." A perhaps more

my confidence I lived with schooling system is how it promotes categorisation based on your height which for a child could seem scary. Dr Mamta Jain added, "It's

all related to your social environment, people as they reach adulthood usually manage to overcome this but its crucial to give affirmation to a child especially in early well, standing height wise ages." Childhood being an impressionable stage of our lives sometimes results in suppressed trauma which could have its effects in later stages of life.

Commercial activity ruins Bakala River in Nagaland

Worrinphi Ronra Shimray

NAGALAND: The magical river Bakala Nadi of Dimapur, Nagaland is now the reason for the floods as the council member of Diphupar village has been digging the river for sand.

Melodin, a daily wage worker said, "during rainy season my house gets flooded but I cannot say or do anything as I don't have the power." Valaswa, a farmer who stays at the bank of the river added that the deepened river washes away the fertile soil and destroys

mentioned. "due to no New Year around the corner." income of the village the travel agencies are stating council member extract the that they are seeing an uptick sand for the development of in business despite the the village by using those pandemic, but customers sand to make the roads. I demanding hygienic don't want to be against the imeasures."People demand council, I understand them for the Covid test report of but for the safety of the the driver, travellers rather village it's better if they don't : than booking bus tickets are extract the sand."

sand has caused many to travel with public transport problems to the people, the and the demand for private DC of Dimapur have called is hired cabs and buses are for a ban on such activity in increasing." says, Manjunath, order to prevent the harmful i owner of Manjunatha Tours effects on environment.

Suhas S Kashyap

the crop. Another person: BENGALURU: With the preferring cars or mini buses Since the extraction of the for travel. They are worried and Travel.



Travel industry revamps in times of pandemic

Representational Image

Shivu owner of Koteshwara Boat services told The Beacon that,"the booking for

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boat private boat parties have increased and the demand is higher than the previous year. People are demanding for the boat to have fogging devices for disinfection and to be sanitized in their presence to make sure it's done well." He added that all his boats are booked till the year end. Bookings of transport are increasing as people have started to gear up for the new year parties keeping the safety measures in mind. With the ongoing pandemic, people stuck for months at residences are planning to travel and party at various destinations. They are aware to take safety measures and have been demanding the same from the service providers.

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